CEIP PLURILINGÜE SAN MARCOS
Centro de Educación Infantil e Primaria.

JUNE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mixed salad: lettuce, tomato, onion and olives Whole wheat pasta with textured soy, tomato sauce and cheese Fruit	2 Mixed salad: lettuce, tomato, onion olives and tune Spanish omelette Fruit	3 Beans with grated egg Squids in ink with rice Yogurt	4 Mixed salad: lettuce, tomato, onion, olives and corn Baked chicken with potatoes Fruit	5 Legume salad: Ensalada de legumes: broad beans, lettuce, tomato, onion and olives Baked fish with vegetables Fruit
8 Mushrooms in dressing Lentil pasta with tuna, tomato sauce and cheese Fruit	9 Mixed salad: lettuce, tomato, onion and olives Chicken raxo with peppers and boiled potato Fruit	10 Mixed salad; lettuce, tomato, onion, olives and carrot Grilled fish with rice Yogurt	11 Pasta salad: tomato, olives, pineapple and apple Spanish omelette Fruit	12 Broccoli with garlic sauce Baked fish with potato Fruit
15 Mixed salad: lettuce, tomato, onion and olives Grilled eggs with brown rice and tomato sauce Fruit	16 Beans with grated egg Roast ham with boiled potato Fruit	17 Broccoli with garlic sauce Baked fish with potato Yogurt	18 Mixed salad: lettuce, tomato, onion and olives Braised chicken with vegetables and lentil pasta Fruit	19 Mixed salad: lettuce, tomato, onion, olives and tuna Chicken burger with cheese Ice cream